

HELP



We help people of all ages with all sorts of problems

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Charity No: 7645/1a

CIF: G73321481

November 2024

NewsLetter

WELCOME TO THE LATEST EDITION OF HELP MURCIA MAR MENOR NEWSLETTER NOVEMBER 2024

It is over 12 months ago that I penned my first edition of the

HELP MMM Newsletter

Where has that time gone? A lot of water has flowed under the bridge since then.

We now have a new committee and with their progressive and forward looking attitude we can look to the future with a great deal of enthusiasm and optimism.

I would like to use this, the 3rd Edition of our Newsletter, to focus on and highlight some of the good causes that we have been fortunate enough to be able to support over the past 12 months.

MEMBERSHIP

Sadly, I have to report the passing of 2 of our long standing members.

On 6th July 2024 Mary Johnson passed away after a short illness, followed soon after by the death of her husband Jed on 12th September 2024. They will both be missed by the charity.

To acknowledge the help and care given to Mary in the later stages of her life, members have agreed to make a donation to MABS during the month of December 2024.

On a happier note we are pleased to welcome a new member Mavis Bate. Mavis has also offered to volunteer in the Outlet, help that is very much needed at the present time.

FORTHCOMING EVENTS

Pre - Christmas Craft Fair

On Thursday 28th November we will be holding a Pre- Christmas Craft Fair in the outdoor covered area of A Estribor Restaurant and adjacent to the Help Office, By The Arches, Los Narejos, Los Alcazares.

Commencing at 11.00 – 15.00.

All funds donated from this event will be given to MABS in memory of Mary and Jed Johnson and to acknowledge the care given by MABS to Mary in the later stages of her life.

Hopefully we will have at least 12 different craft stalls and possibly 15.....so please come and browse, find some Christmas gifts and spend a few pennies/cents!!!!!!

Christmas Lunch

On Friday 6th December we will be holding our Christmas Lunch which again will be hosted by the excellent Topsy Thistle Restaurant, Lunch will start at 14.30 and will be followed by a **Bumper Christmas Raffle with many prizes to be won.**



On the 14th June 2024 we were delighted to present

DEBRA (The Butterfly Children)

with a cheque for 2000 euros. The presentation was made to Mary Chambers a representative from DEBRA'S Quesada Office. Also present, we were pleased to see Janice Clark and Bernard Ash who are past members of Help and now are fundraisers for DEBRA.

Although DEBRA Operates Internationally HELP was able to ensure that the donation will be used to specifically benefit children and families in the Murcia Region.



Below is a short insight into the condition

Children are born with this condition and what should be a happy time for parents becomes a moment of fear and loneliness.

Any Butterfly child needs a great amount of daily care because their skin is as delicate as a butterfly wing and gets wounded at the slightest touch. The parents themselves will find they are responsible for the daily care of the wounds and they can feel very alone and isolated when carrying out this task as they are fearful of hurting their child during the daily bandage changing routines.

In order to try to alleviate the stress the family is confronted with, as soon as the baby is born, a psychologist, a social worker and 2 nurses from DEBRA Charity assist and support the families in every aspect of the child's life.

All the support given to families and carers is funded through fundraising events, charity shops and donations with only 5% government funding.

HELP Murcia Mar Menor

Donates to good causes every year

HUGO'S HOME FARM

(Rescue Centre and Petting Corner)



Over the past 12 months HELP has donated 700 euros to the Farm, a part of this to help the construction of a new stable block on a parcel of land adjacent to the existing site. Once the block has been completed HELP will have a plaque on one of the stable walls.

Short history about Hugo's Home Farm

Hugo's Home Farm has primarily been set up as a rescue centre by Helping Coco Horse Rescue, a registered charity here in Spain. The mission is to rescue abused, neglected or abandoned equines in the Alicante/Murcia area.

They have a license for up to 9 equines. The animals are rescued, rehabilitated and put onto a rehoming program in the UK. With limited number of spaces, rehoming is paramount for the success of this centre. The new stable block will help enormously with this.

Colin the founder of the charity, has set up the centre and added a few more animals along the way. If you visit you may come across chickens, ducks, love birds, peacocks, micro pigs, pygmy goats, alpacas, donkeys, ponies and of course horses.

With the ongoing costs and day to day running the centre (care for equines, vet and farrier bills, UK transport fees)

it was decided to add the other animals to create a small petting corner for younger visitors plus the chance to walk the alpacas.

WELL WORTH A VISIT!!

On Thursday 24th October we were delighted to present AFACMUR (Children´s Cancer Charity) with a cheque for 1000 euros.

Afacmur were represented by Lourdes Albaladejo who came from their Office in Murcia.



A brief resume of AFACMUR´S MISSION and VISION

AFACMUR (Association of relatives with Cancer in the Region of Murcia) was founded in 1995 by a group of parents who had gone through the experience of having a child with cancer. After the experience witnessed by these parents, who knew the problem very well, they saw the need to join forces and try and cover neglected and forgotten aspects in the lives of children and adolescents with cancer and their families in the Region of Murcia. Their mission is to improve the quality of life of those children and adolescents affected by cancer and their families, through educational, psychosocial and leisure care, support and accompaniment. They also hope to raise awareness within society. They are a non – profit making association.

Further good causes

We have also been able to support:-

The Little Sister's of the Poor (Old People's Home in Cartagena)

The Sucina Orphanage / Pregnancy Centre.

S.O.S. Animals.

In conjunction with Yo Encuentro we helped a Ukrainian family in dire need of help.

On a regular basis we send non-perishable food and toiletries to the food banks in Sucina and San Javier.

It can never be stressed to often that without our many generous donors and our superb team of volunteers none of the above would have been possible.

WE ARE ALWAYS LOOKING FOR VOLUNTEERS FOR THE OUTLET AND THE OFFICE, SO IF YOU HAVE A FEW HOURS TO SPARE A WEEK, PLEASE, CONTACT US BY TELEPHONE OR JUST COME INTO OUR OUTLET OR OFFICE AND SPEAK TO US.

HELP MURCIA MAR MENOR

CONTACT DETAILS

OFFICE ADDRESS (FOR LOAN EQUIPMENT)

Calle Penelope 11, Los Narejos, Los Alcazares,
30710, Murcia.

(Behind Restaurant A Estribor)

Tel.No: +34 968 570 059

Opening Times : Monday, Wednesday and Friday 10.00 -12.30

Email Address: helpmmm@gmail.com

We also have a Facebook page with general information about the charity.

[HELP Murcia Mar Menor](#)

OUTLET ADDRESS

Avda de la Union 57, San Javier, 30730, Murcia

Tel.No: +34 686 482 541

Opening Times: Monday to Friday 10.00 - 13.30

Delivery & Collections of donations: Wednesday & Thursday 10:30 - 13:30

We also have a Facebook page, updated weekly with items for sale.

[HELP Murcia Mar Menor outlet](#)

HELP Murcia Mar Menor

Is a charity which provides a "Helping Hands"
service within the Murcia region.